

The Skincare Products Your Man Should Splurge On

BEAUTY, SKINCARE July 30, 2019 Alejandra Tenorio

Cosmetic treatments and pampering products aren't just for women – they make a thoughtful, unique gift for men as well. Whether you're looking for a birthday, anniversary or holiday gift for the man in your life, **Dr. Ariel Ostad**, NYC-based board-certified cosmetic dermatologist, offers products and treatments to help men achieve their skin goals. See below for some gift options, and visit DrArielOstad.com to learn more.



Men don't frequently splurge on grooming products for themselves, so treat him to a product to incorporate into his daily routine to make his skin glow. Dr. Ostad's product line, available on his website at DrArielOstad.com and in his NYC-based office, includes several luxurious products such as:

Alpha Hydroxy Acid (A.H.A) Cream (starting at \$79) – this cream simultaneously brightens skin and exfoliates to remove dead skin that clogs pores, for a youthful appearance.

Perfect Shave (\$72) – makes the shaving experience enjoyable, rather than a chore. The rich cream stays down at the hair roots to ensure the cleanest, smoothest shave to last longer and prevent painful ingrown hairs or irritation.

Sun Shade C+M (\$69) – encourage your man to stay safe in the sun this summer and beyond! This daily sunscreen includes Titanium, Zinc, the powerful anti-oxidant Melanin, Vitamins C and E and Ferulic acid ester to both protect against UV rays and keep his skin moisturized.

Gentle Retinol Complex (\$82) – the first low-dose retinoid formulated for sensitive and redness-prone skin. Gentle Retinol Complex contains a combination of ceramide, fatty acids and cholesterol that help fortify the skin's natural moisture lipids. This silicone-based vehicle is fragrance-free and preservative-free which improves retinoid tolerance.

C, E, F, G Complex (\$100) – contains the only form of Vitamin C clinically demonstrated to improve skin appearance. The antioxidant cocktail of Vitamins C & E and Green Tea, paired with penetration-enhancing hydroxy acids, makes them among the most potent products available. C, E, F, G Complex is best for normal to oily skin types.

TNS Recovery Complex (\$165) – formulated with the highest level growth factors (93.6%). Reduce fine lines and wrinkles, enhance your skin texture, and even out your skin tone with the TNS Recovery Complex. This product can be used in conjunction with your everyday skincare routine and is excellent for use after any laser resurfacing treatment.