

## Non-Surgical Eye-Lifts Are On the Rise

Looking tired all the time? Forget surgery—there are simple ways to get brighter, smoother eyes.

### **RESURFACE TEXTURE**

Microneedling is being used to tighten upper and lower lids. After a numbing cream and eye shields are applied, a stamping pen with multiple thin needles penetrates the skin from one to two millimeters. “This stimulates collagen production, which tightens skin and improves tone, texture, and firmness. It also can reduce dark circles,” says [Ariel Ostad, M.D.](#), a New York dermatologic surgeon. The 30-minute procedure may cause swelling and bruising for up to a week, and three to five monthly treatments are recommended. Results last for two to three years. (Cost: \$500–\$1,500 per session.)