

ELLE

11 Face Moisturizers ELLE Editors Can't Shut Up About

You know you've mastered this whole "adulting" thing when you have a proper savings plan and budget, set goals and actually meet them, get an adequate amount of sleep each night, and have a go-to moisturizer that meets all your current skin needs. NYC-based board certified dermatologist Dr. Ariel Ostad explains that a moisturizer is only as good as the ingredients it contains. Those with dry complexions "should specifically look for facial moisturizers that contain emollients, humectants, ceramides, niacinamide and growth factors, as these ingredients create a proper barrier to seal in moisture." All of us (greasy, combination, acne-prone, undecided) should avoid "ingredients that could block pores or cause a reaction, such as preservatives and chemicals."