

GLAMOUR

Freebie

The
Jeans
That
Make
You
Look



10

reasons
you're
sexier than
ever this
month

4

Your
face can
breathe.

Most of us naturally use fewer heavy products this time of year—a blessing for skin, which gets a reprieve from the thicker, more pore-clogging stuff, says dermatologist **Ariel Ostad, M.D.** The trick with summer makeup? Thanks to humidity, your skin is going to have a pretty glow already, says makeup artist Sonia Kashuk, and you don't want to cover that up. She recommends a tinted moisturizer (not foundation), a light bronzer and coral blush—we like her Sonia Kashuk Beautifying Blush in Sunset (\$9, target.com), shown here. "We wear less clothing in the summer, and your face should wear less makeup too," she says.

We interrupt your magazine-reading experience to bring you this quick ego boost: You're happier and healthier right this second than you probably know. In fact, you look and feel better in late summer than any other time of year. So stop trying to fix, fiddle and improve, OK? Here's what's responsible for your hotness. Now make the most of it.



by Beth Shapouri

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